

# Emotions Of Culture: A Malay Perspective

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## WELLNESS FROM THE PERSPECTIVE OF MALAY MUSLIM ADULTS IN MALAYSIA

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### Abstract

*The purpose of this study was to explore Malay Muslim adults in Malaysia, their understanding on the concept of wellness. Using a qualitative design, data were collected through the use of semi-structured interviews with fourteen Malay Muslim adults between the ages of 21 to 60. Analysis of data from these interviews utilized the constant-comparative method. The findings showed that from the perspective of the participants as a whole, wellness is maintaining a good relationship with self, Allah and others. Aspects of wellness include physical, food and nutrition, psychological, financial, occupational, spiritual, social, environmental, and cultural domains. There was similarity in the view of the nature of wellness as multidimensional and encompassing the whole person. The findings highlight that the participants' conceptualization of wellness relates to the Malay Muslims' cultural background. This cultural uniqueness should be translated into a wellness-based counseling strategy for this specific ethnic group. This study also shows the importance of considering multicultural factors in understanding and dealing with a client. Recommendations and limitations are also discussed.*

*Keywords: wellness, concept, cross-cultural counseling, adults, Malaysia*

### Abstrak

*Tujuan kajian ini adalah untuk meneroka perspektif orang Melayu Muslim dewasa di Malaysia tentang konsep kesejahteraan. Dengan menggunakan reka bentuk kualitatif, data dikumpulkan melalui*

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Malay culture is characterized by refined restraint. On the other, it is famous as the source of one of the most extreme forms of culturally specific, violent. This collection of five studies on the Malay psyche examines the emotions of courtship and early marriage, the state of mind of the silat performer and the trance. Emotions of Culture: A Malay Perspective (South-East Asian Social Science Monographs) [Jahan Karim Wazir] on strongfemalefriendship.com \*FREE\* shipping on qualifying. Emotions of culture: a Malay perspective / edited by Wazir Jahan Karim. Other Authors. Wazir-Jahan Begum Karim. Published. Singapore ; New York: Oxford. strongfemalefriendship.com: Emotions of Culture A Malay Perspective: This edited collection of essays examines the expression and repression of emotion in Malay culture. G. E. MARRISON. WAZIR JAHAN KARIM (ed.): Emotions of culture: a Malay perspective. (South-East Asian Social Science. Monographs.) xiii, pp., 4 plates. Ebook emotions of culture a malay perspective south east asian social science monographs? Good news to know that today emotions of culture a malay. Revisiting Arabic-Malay Translation Experience in Malaysia: A Historical and Contemporary strongfemalefriendship.com Che Mat - - Asian Culture and History 2. Emotions of Culture: A Malay Perspective. Wazir Jahan Karim (ed). This edited collection of essays examines the expression and repression of emotion in Malay. Emotions of culture: a Malay perspective / edited by Wazir Jahan Karim. Malays (Asian people) > Rites and ceremonies. Philosophy, Malay. Malays (Asian. Semiotica (3/4): The "social emotions" of Malay (Bahasa Melayu). Ethos 24(3): a Cultural values and "cultural scripts" of Malay. Goddard, Cliff in press Cultural Values and Cultural Scripts in Malay Karim, Wazir Jahan a Introduction: Emotions in Perspective. Introduction: emotions in perspective. In W. J. Karim (Ed.) Emotions of culture. A Malay perspective (pp. ). Singapore: Oxford University Press. Karim, W. J. with Malay cultural values, using the new theory of 'cultural scripts' developed by Anna. Wierzbicka. Aspects of .. positive view of strong emotional expression. This paper documents some Malay 'rules of speaking' and articulates their W.J. Karim (Ed.), Emotions of culture, A Malay perspective, Oxford University Press. Studies of cultural variation in emotional meanings have played an important part in value, however, from the point of view of linguistic semantics inquiries have. Social, Moral, and Cultural Processes Sally Planalp. Ito, K. L. (). In W. J. Karim (Ed.), Emotions of culture: A Malay perspective (pp. ). Oxford: Oxford. and critique), emotion's location in culture is acknowledged in broad terms. An example .. In Emotions of Culture: A Malay Perspective, edited by. Wazir Jahan. The study aims to determine whether the Big Five model of personality is applicable to the Malay culture. Two studies were conducted among Malaysian. Emotions of Culture a Malay Perspective. WJB Karim. 59, Initial health screening results for Karen refugees: a retrospective review. A Denburg, M Rashid.

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